

# Turbulence of Second Sound Waves in Superfluid $^4\text{He}$

Energy cascades & rogue waves in the laboratory

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# Outline

- 1 Introduction
  - Motivation
- 2 Modelling wave turbulence
  - Need for models
  - Second sound in He II
- 3 Experiments & results
  - Experimental set-up
  - Energy cascades
  - Transients & dynamics
- 4 Discussion
  - Wider implications
  - Conclusion



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Cascades of energy through different length scales.



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# Turbulence in many forms

In addition to familiar vortex turbulence in fluids, turbulence can also occur in systems of **waves**, e.g. –

- Magnetic turbulence in interstellar gases.
- Shock waves in the solar wind.
- Sound waves in oceanic waveguides.
- Capillary waves on ocean surface.
- Phonon turbulence in solids.
- Second sound in He II...



# Wave turbulence

Wave turbulence arises in systems of strongly interacting nonlinear waves.

It is similar to vortex turbulence in fluids in that –

- There is a flow of energy across the length scales – conventionally, from the scale of the driving towards smaller and smaller scales.
- At small enough scales dissipation (due to e.g. viscosity) becomes important and terminates the cascade.

It is believed that rogue waves on the ocean arise through nonlinear wave interactions...



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# Need for models

- In practice, it is difficult to test the theory of wave turbulence through studies of natural events (e.g. on ocean, in interstellar media).
- So a laboratory test-bed is needed, where parameters can be controlled and adjusted.
- It turns out that the properties of He II make it an **ideal** model system.





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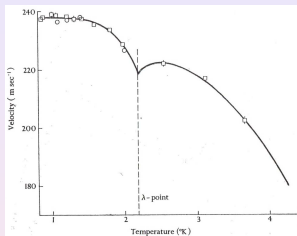


## Sound modes in He II

Two sound modes in bulk He II –

- **First sound** is a pressure-density wave, with in-phase motion of the normal and superfluid components, and phase velocity

$$u_1 = \sqrt{\left(\frac{\partial P}{\partial \rho}\right)_\sigma}$$



# Sound modes in He II

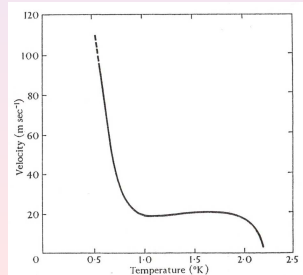
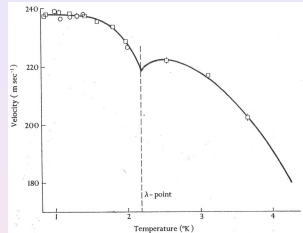
Two sound modes in bulk He II –

- **First sound** is a pressure-density wave, with in-phase motion of the normal and superfluid components, and phase velocity

$$u_1 = \sqrt{\left(\frac{\partial P}{\partial \rho}\right)_\sigma}$$

- **Second sound** is an entropy-temperature wave, with anti-phase motion of the two components, and phase velocity

$$u_2 = \sqrt{\frac{\rho_s \sigma^2}{\rho_n} \left(\frac{\partial T}{\partial \sigma}\right)_\rho}$$



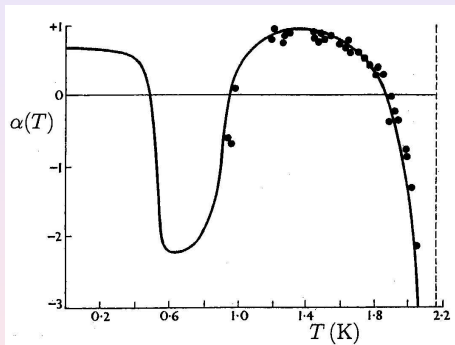
# Nonlinear coefficient for second sound

- For finite temperature excursions  $\delta T$ , 2nd sound velocity is –

$$u_2 = u_{20}(1 + \alpha\delta T)$$

where the nonlinear coefficient

$$\alpha = \frac{\partial}{\partial T} \ln \left( u_{20}^3 \frac{C}{T} \right)$$



Datapoints: experiments, Dessler & Fairbank (1956).

Curve: theory, I M Khalatnikov (1952)



# Nonlinear coefficient for second sound

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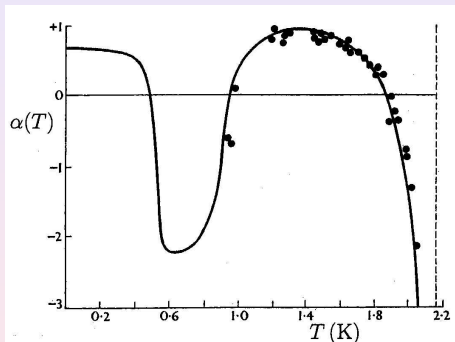
$$u_2 = u_{20}(1 + \alpha\delta T)$$

where the nonlinear coefficient

$$\alpha = \frac{\partial}{\partial T} \ln \left( u_{20}^3 \frac{C}{T} \right)$$

- Note –

- $\alpha \rightarrow -\infty$  as  $T \rightarrow T_\lambda$
- $\alpha$  changes sign at  $T = 1.88$  K



Datapoints: experiments, Dessler & Fairbank (1956).  
 Curve: theory, I M Khalatnikov (1952)



## Advantages of second sound for modelling

So second sound offers many advantages as a model system for studying wave turbulence –

- Nonlinear coefficient  $\alpha$  can be made very large.
- Also,  $\alpha$  can be “tuned” by adjustment of  $T$  to be either
  - Positive, or
  - Negative, or
  - Zero.
- The small velocity ( $20 \text{ m s}^{-1}$ ) gives good time resolution and convenient experimental dimensions.
- It is easy to apply a variety of different signals to control the second sound generator.



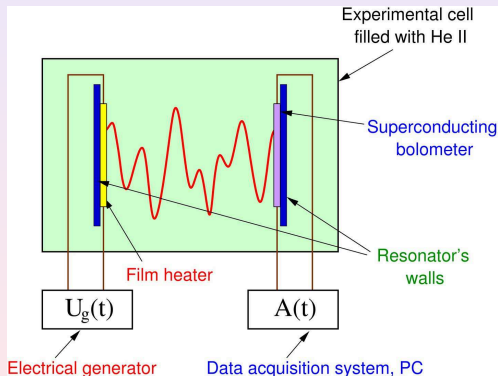
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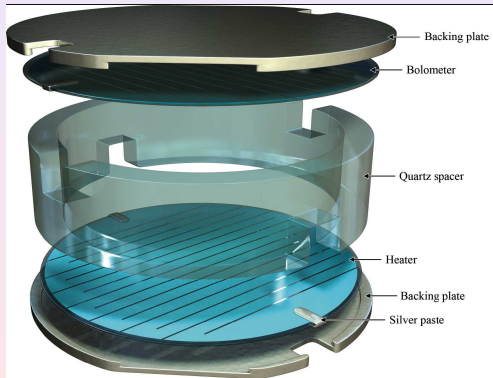
## Sketch of experimental arrangement

- Create 2nd sound standing wave with heater.
- Detect it with a bolometer.
- Sinewave of  $\omega$  on heater  
⇒ 2nd sound at  $2\omega$  in He II.
- But any waveform can be applied.





# Construction of cell



Aspect ratio of actual cell was different –

- Length of quartz spacer – 70 mm
- Inner diameter – 15 mm
- Endplates parallel to better than  $1:10^4$
- Thin film heater
- Thin film Sn-Cu bolometer
- Bolometer sensitivity –  $2.6 \text{ V K}^{-1}$
- $Q \sim 1000 - 3000$



## Data recording

Experimental procedure –

- Drive heater from sinewave generator (0.1–100 kHz).
- Second sound wave amplitude  $\delta T \sim 0.05\text{--}5.0$  mK.
- Corresponding **Mach number**

$$M = \alpha \delta T \sim 10^{-4} - 10^{-2}.$$

- And acoustic **Reynolds number**

$$\text{Re} = \frac{\alpha u_{20} (\partial \delta T / \partial x)}{\gamma \omega} \sim \alpha Q \delta T$$

can be adjusted in range  $\sim 1\text{--}100$ .

- Record time series from bolometer (up to  $10^6$  points) and use FFT to compute power spectrum.



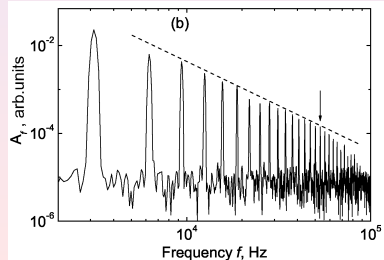
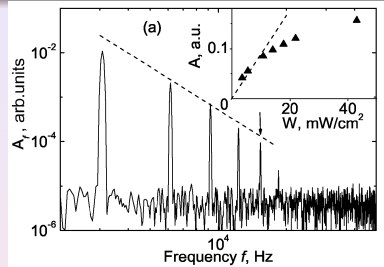
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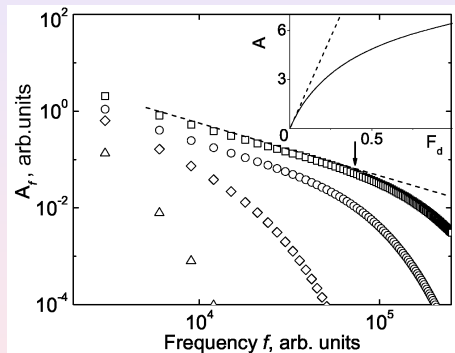
# Power spectra of 2nd sound standing waves

- Driving on 31<sup>st</sup> resonance,  $f_d = 3130$  Hz.
- Heat flux  $W$  was –
  - (a)  $5.5 \text{ mW cm}^{-2}$
  - (b)  $22 \text{ mW cm}^{-2}$
- Dashed-line in (b) is  $A_f \propto f^{3/2}$ .
- Inset: amplitude at driving frequency v. heat flux.
- Arrows show viscous cut-off frequency.
- Kolmogorov-like direct energy cascade in (b).



## Numerical theory

- Calculations for 4 different driving force amplitudes  $F_d$  –
  - △ 0.01
  - ◇ 0.05
  - 0.1
  - 0.3
- Dashed line is  $A_f \propto f^{-1}$ .
- Inset: standing wave amplitude at driving frequency for linear (dashed) and nonlinear (full curve) waves.

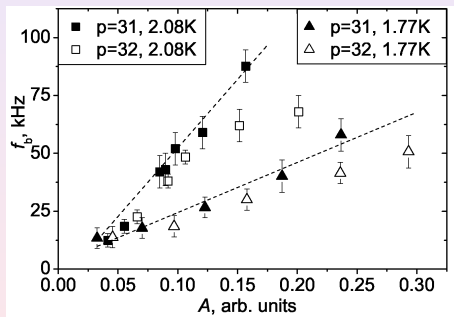


Very similar to experiments!



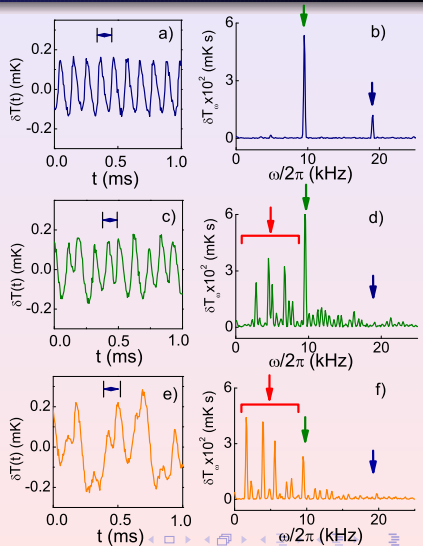
# Viscous cut-off frequency

- Viscous cut-off frequencies as function of standing wave amplitude.
- Two temperatures: 1.77 K (lower) and 2.08 K (upper).
- Driving on 31<sup>st</sup> (filled symbols) or 32<sup>nd</sup> resonance.
- Dashed lines are by numerical calculation.

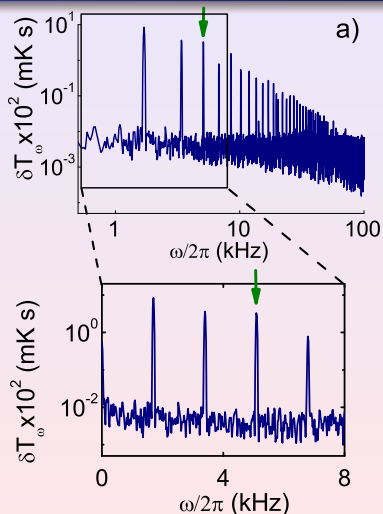


# Evolution of power spectrum with drive frequency

- $T = 2.08$  K (negative nonlinearity),  
 $W = 10$  mW cm<sup>-2</sup>.
- Driving near 96th resonance: 9530.8 Hz (top); 9532.4 (middle); 9535.2 (bottom).
- Arrows –  
Green: driving frequency  
Blue: first harmonic  
Red: region of subharmonic generation



# Evolution of power spectrum with drive amplitude

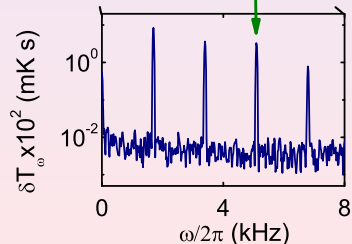
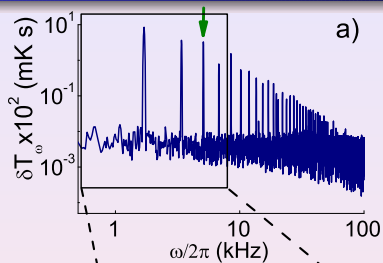


$W = 7 \text{ mW cm}^{-2}$

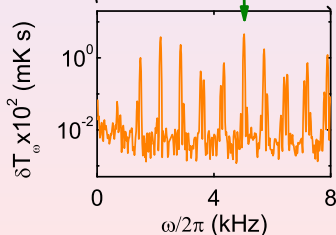
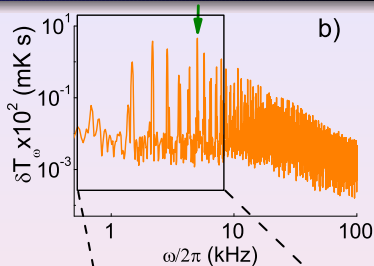




# Evolution of power spectrum with drive amplitude



$W = 7 \text{ mW cm}^{-2}$



$W = 20 \text{ mW cm}^{-2}$



# An inverse energy cascade

The experimental results show that, for the right conditions of wave amplitude and detuning –

- Wave energy flows to **larger** length scales.
- The onset of this **inverse** cascade is associated with an **instability** against formation of subharmonics.
- Onset is accompanied by a decrease in the energy of the regular cascade.
- Wave energy then gets dissipated at low frequencies – presumably due to the processes that reduce  $Q$  (normal fluid drag on the chamber walls?) at low frequencies.
- The onset of the inverse cascade sometimes involves **hysteresis** and **metastability**.

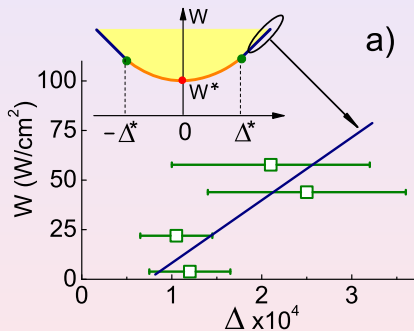


# Conditions for onset instability and inverse cascade

Calculated heat flux  $W$  for onset of instability (full line) compared with experiment (data points) for different dimensionless detunings

$$\Delta = \frac{\omega_d - \omega_n}{\omega_n}$$

Bars indicate hysteretic width.



# Conditions for onset instability and inverse cascade

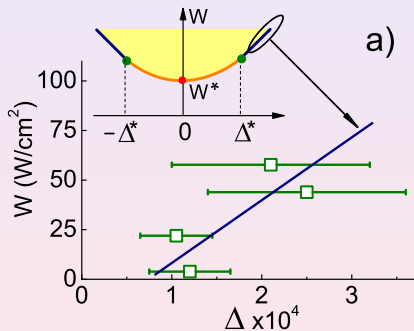
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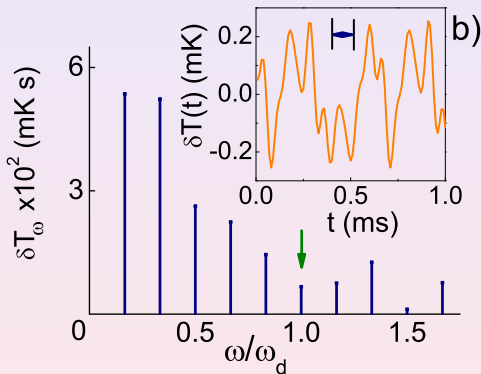
Bifurcation diagram (inset)

- Yellow  $\Rightarrow$  instability
- White  $\Rightarrow$  stability
- Orange line, soft instability
- Blue lines, hard instability
- Green points, critical points



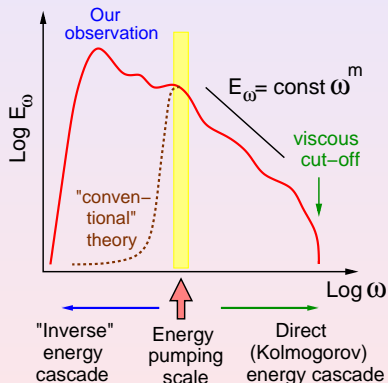
# Power spectrum after development of instability

- Power spectrum of standing waves after onset of instability and inverse cascade.
- Green arrow: driving frequency  $\omega_d$ .
- Inset: corresponding waveform, arrow shows driving period.



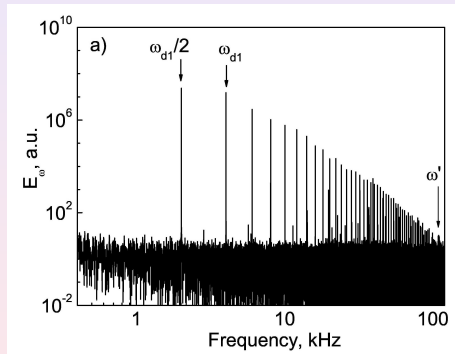
## Energy can flow both ways

- Under the right conditions, energy in a turbulent acoustic system can flow towards the low frequency spectral domain.
- Inverse energy cascades are also known in 2-D fluid flows.
- So the Kolmogorov picture, although correct for most of the time, is **incomplete**.



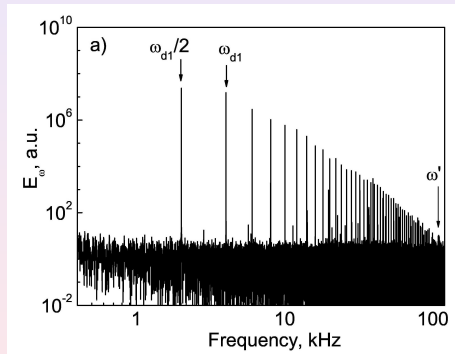
## Effect of an additional low-frequency perturbation

- Driving on the 40<sup>th</sup> resonance,  $\omega_{d1}$ .
- Note subharmonic at  $\omega_{d1}/2$ .



## Effect of an additional low-frequency perturbation

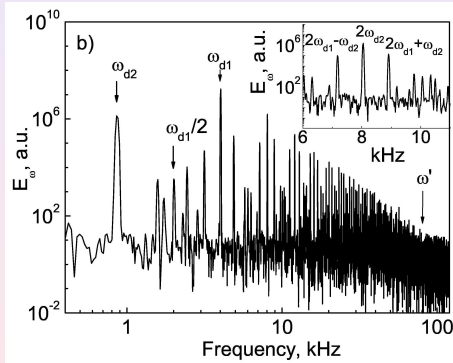
- Driving on the 40<sup>th</sup> resonance,  $\omega_{d1}$ .
- Note subharmonic at  $\omega_{d1}/2$ .
- Now add a small perturbation on the 9<sup>th</sup> resonance,  $\omega_{d2}$ ...





# Effect of an additional low-frequency perturbation

- Driving on the 40<sup>th</sup> resonance,  $\omega_{d1}$ .
- Note subharmonic at  $\omega_{d1}/2$ .
- Now add a small perturbation on the 9<sup>th</sup> resonance,  $\omega_{d2}$ ...
- Result is **combination frequencies** (cf. Stokes and anti-Stokes), and a dramatic fall at  $\omega_{d1}/2$ .
- Also, a **reduction of the inertial interval** (cf. H<sub>2</sub>).



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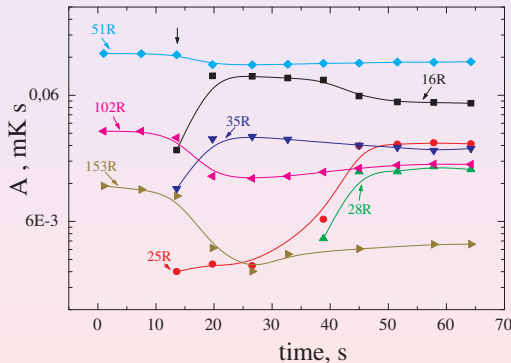
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# Time evolution of inverse cascade

A **cornucopia** of interesting transient effects, e.g.

- Driving near 51<sup>st</sup> resonance, starting at  $t = 0$ .
- Amplitudes of different low-frequency peaks plotted v. time  $t$ .
- Inverse cascade takes a **long time** to establish: 10–30 s (*cf*  $\sim 1$  s for direct cascade).

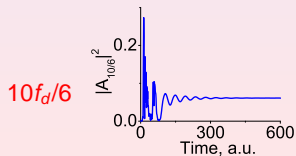
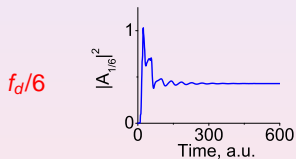
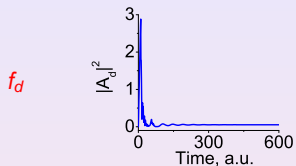


## Evolution of acoustic turbulence

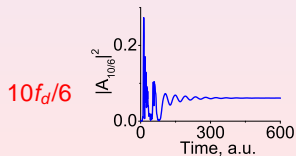
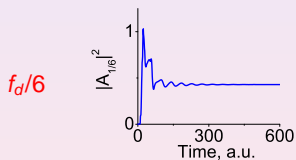
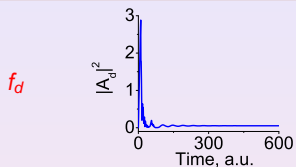
- Switch on drive at  $t = 0$ .
- Near 96<sup>th</sup> resonance,  
 $W=42 \text{ mW cm}^{-2}$ ,  
 $T=2.08 \text{ K}$ .
- Direct cascade appears first.
- Inverse builds up **slowly**.
- Ultimately, nearly continuous.



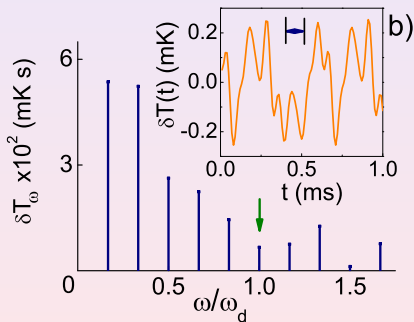
# Calculated evolution of inverse cascade



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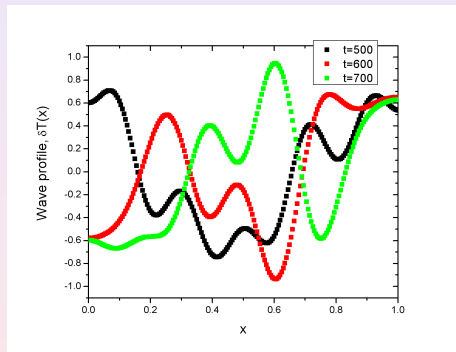


Steady state at  $t \rightarrow \infty$



# Steady state of inverse cascade

- Numerical calculation shows **travelling waves** within the resonator.



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## Origins of rogue waves?

- Dyachenko and Zakharov suggest “modulation instability of Stokes wave  $\Rightarrow$  freak wave” (*JETP Lett*, 2005).
- First experimental observation of giant low-frequency waves, as predicted.
- NB oceanic surface involves 4-wave interactions, not 3-wave as here – but essential physics very similar.



## Other systems displaying wave turbulence

Features of wave turbulence observed and studied in He II are likely to appear for wave turbulence in **other contexts**, e.g. –

- Liquid surfaces.
- Bulk liquids and solids.
- Astrophysics.
- Plasma physics.

Most of these are far harder to control and study than He II – which provides a beautiful laboratory-scale model.



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# Conclusions I

- He II is **uniquely** suited to modelling nonlinear waves.
- The system of nonlinear second sound waves exhibits **turbulence** – with a Kolmogorov-like energy cascade towards high frequencies.
- Energy balance is **nonlocal** in  $K$ -space.
- The frequency scales of energy pumping and energy dissipation are widely **separated**.
- Addition of a second low frequency driving force leads to **combination** frequencies between it and the main drive.
- Amplitudes of second sound waves at high frequencies **decrease** when the extra driving is added – probably due to a redistribution of wave energy among newly excited states at low-frequencies.



## Conclusions – II

- Under some conditions, an **inverse cascade** can exist, carrying energy towards frequencies lower than that at which it is pumped into the system – in addition to the conventional direct cascade.
- It leads to a substantial increase in wave amplitude at low frequency, corresponding to the formation of **huge waves**.
- It is apparently due to a **modulation instability** of the periodic wave – the same mechanism as that proposed to account for the creation of the **rogue waves** on the ocean.



## Acknowledgements & selected references

We are grateful to **EPSRC** and the **Russian Foundation for Basic Research** for financial support.

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